



EWTN

Global
Catholic
Radio

Lent Highlights 2026

Some of the features you'll hear this Lent on EWTN Radio:

Lent Today with Fr. Benedict Groeschel

These timeless messages from Fr. Groeschel air throughout each day, from Ash Wednesday through Easter Sunday!

Lenten Reflections 2026

This year's Lenten Reflections series was recorded with Dominican Fathers in storied locations of England, such as in the Holy Rosary Shrine of St. Dominic's Priory in London, Buckfast Abbey near Devon, and Holy Cross Priory in Leicester. Discover how to get better in touch with our God, who is rich in mercy.

Airs Sundays, 6am and 5:30pm Eastern

Lent: A Season of Grace with Fr. Cedric Pisegna

Join Passionist Father Cedric in ***Lent: A Season of Grace***. Our goal should be purification and enlightenment. Like Jesus, we journey to the desert and experience conversion, which is movement towards God.

Airs Sundays at 5pm Eastern