| THE GODLY MAN – Episode 4: The Godly Man is Honest Team Member Name: Date: |
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| Game Strategy – The truth will set us free and being Godly men means being honest, especially with ourselves. We have been called to live the truth. |
| Be ready to take the field for this workout by completing the Pregame Film Study . Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team! |
| Pregame Film Study |
| View or listen to the episode referenced above. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2. Reflect upon the <u>Huddle Up</u> questions below and jot down your thoughts. |
| <u>Huddle Up</u> – Use these questions for personal reflection to share with your team at the workout. |
| Warm-up Questions: |
| 1. What particular point(s) caught your attention the most in this episode? |
| 2. What is something useful that you learned from viewing this episode that you can apply in your own life? |
| Workout Questions: |
| 1. Read Proverbs 12:17-22. To be honest one must always tell the truth. Why is lying so bad? |
| 2. The team mentioned that we should "do right even when it seems right to do wrong." Share an experience when you did the right thing when it could have been very easy to do the wrong. |
| 3. A recent survey divulged that 50% of Americans think "truth is relative." Why do you think we don't tell the truth? What causes us not to tell the truth? |
| 4. Have you ever been accused of not telling the truth? What was your reaction? |

5. In your own family, if you catch your child in a lie, how do you deal with this?

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<u>**Team Workout Plan**</u> - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

<u>Postgame Recap</u> - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

- 1. Living the truth means living in freedom.
- 2. Rejoice in the truth. 1 Corinthians 13:6
- 3. Do right even when it seems right to do wrong.

Complete your **Personal Action Item**.



Scripture References

 Proverbs 12:17-22
 John 17:3

 Proverbs 13:6
 Romans 1:18

 Romans 13:13
 Luke 8:15

1 Thessalonians 4:11 1 Corinthians 13:6

Coaching Tips

Jesus was born to bear witness to the truth. We are wired for the truth. We are made for relationships and not telling the truth destroys relationships. We like to be with honest people – friends and ourselves. The truth sets us free.

"If you tell the truth you don't have to remember anything." ~ Mark Twain

"You can't undo anything you've already done, but you can face up to it. You can tell the truth. You can seek forgiveness. And then let God do the rest." \sim *Tertullian*

Catechism Connection

2468 Truth as uprightness in human action and speech is called *truthfulness*, sincerity, or candor. Truth or truthfulness is the virtue which consists in showing oneself true in deeds and truthful in words, and in guarding against duplicity, dissimulation, and hypocrisy.

2469 Men could not live with one another if there was no mutual confidence that they were being truthful to one another. The virtue of truth gives another his just due. Truthfulness keeps to the just mean between what ought to be expressed and what ought to be kept secret: it entails honesty and discretion. In justice, "as a matter of honor, one man owes it to another to manifest the truth."

2483 Lying is the most direct offense against the truth. To lie is to speak or act against the truth in order to lead someone into error. By injuring man's relation to truth and to his neighbor, a lie offends against the fundamental relation of man and of his word to the Lord.

2486 Since it violates the virtue of truthfulness, a lie does real violence to another. It affects his ability to know, which is a condition of every judgment and decision. It contains the seed of discord and all consequent evils. Lying is destructive of society; it undermines trust among men and tears apart the fabric of social relationships.

See Also: 2505

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...