Team Member Name: _____ Date: _____

Game Strategy – We struggle receiving God's mercy. Do we even think we need it and are we willing to show mercy to others?

Be ready to take the field for this workout by completing the Pregame Film Study. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

- 1. View or listen to the episode referenced above.
- 2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
- 3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

- 1. What particular point(s) caught your attention the most in this episode?
- 2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

- 1. Christ showed the ultimate sign of mercy by dying on the cross for each of us. How can we show our gratitude for such an awesome gift?
- 2. God continues to pour love and mercy on us each and every day of our lives and all he wants in return is for us to show love and mercy towards others. Cite an occasion when you showed love and mercy to another. What is Jesus' promise to us if we show mercy? Read Matthew 5:7.
- 3. Do you believe that there is no limit to God's mercy? Why? Look again at Matthew 5:7 as well as James 2:13. What does this say about the way you treat people?
- 4. Jesus instituted the Sacrament of Confession in order for us to experience God's mercy through the absolution of our sins by His representative – the priest. Do you utilize this sacrament? If so, how often? If not, why not?
- 5. How did you feel prior to going to confession? How did you feel after the priest gives you absolution?

THE GODLY MAN -- Episode 12: The Godly Man is Merciful

Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

- 1. God loves you and there is nothing you can do about it.
- 2. Find a church and talk to a priest.
- 3. What does God's mercy mean to you?

Complete your Personal Action Item.

Scripture References

Ephesians 2:1-9 Matthew 5:7 James 2:13 Matthew 6:14-15 Ephesians 1:7 1 John 1:9 Psalms 103:11 Romans 12:1

Coaching Tips

What it takes to be merciful:

- Pray without ceasing. ٠
- Go to church.

- Reflect on the cross and its mercy.
- God's mercy knows no limits

"Look into My heart and see there the love and mercy which I have for humankind, and especially for sinners." ~ Jesus Christ to St. Faustina

"Forgiveness is the remission of sins. For it is by this that what has been lost, and was found, is saved from being lost again." ~ St. Augustine

"God loves each of us as if there were only one of us." ~ St. Augustine

Catechism Connection

2842 This "as" is not unique in Jesus' teaching: "You, therefore, must be perfect, as your heavenly Father is perfect"; "Be merciful, even as your Father is merciful"; "A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another".

2840 Now—and this is daunting—this outpouring of mercy cannot penetrate our hearts as long as we have not forgiven those who have trespassed against us. Love, like the Body of Christ, is indivisible; we cannot love the God we cannot see if we do not love the brother or sister we do see.

2086 When we say 'God' we confess a constant, unchangeable being, always the same, faithful and just, without any evil. It follows that we must necessarily accept his words and have complete faith in him and acknowledge his authority. He is almighty, merciful, and infinitely beneficent.... Who could not place all hope in him? Who could not love him when contemplating the treasures of goodness and love he has poured out on us?

See Also: 1458, 613, 589, 1470, 1990

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...