

## JESUS SAID – *Episode 8: Do You Love Me?*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – Do you love me? A simple question posed three times to Simon Peter by the risen Jesus. With each positive response from Peter, Jesus calls him to action: “Feed my sheep.”

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. God is love! His plan was and is to use all three persons of the Trinity to show this love. How did/does God the Father show us His love? How did/does God the Son show us His love? How did/does God the Holy Spirit show us His Love?
2. Why do you think that God loves us so much, even in spite of our sinfulness? In other words, unconditionally?
3. If God asked you personally, “Do you love Me?” what would your response be? What if He then added, “unconditionally”?
4. God proved His love for us. What is your “proof” that you love God? If you were arrested for being a Christian, would there be enough evidence to convict you? What specific evidence would you have?
5. God commands us to love Him and others including our family, but the kind of love He asks us to show is impossible unless we are empowered by Him. Read Romans 5:5, Galatians 5:22-23 and 1 John 5:19. What kind of power are we given so that we can show a love that is beyond what we can manufacture on the human level? How do you show (reflect) this love to others, especially your family?
6. Whenever we fall in love, we can’t wait to tell that person and share the news with others. Do you tell God that you love Him? How? Do you share with others how much you love God?

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**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Start your day saying “Jesus, I love you”.
2. Pick up a Bible and read the Gospels.
3. Prayerfully ask yourself if you love Jesus.

Complete your **Personal Action Item**. 

### **Scripture References**

John 3:16-17                      Romans 5:5  
John 14:15-24                  Galatians 5:22-23  
John 21:15-17                  1 John 3:16; 5:19

### **Coaching Tips**

Charity (love) is defined as, “the theological virtue by which we love God above all things for His own sake, and our neighbor as ourselves for the love of God.”

Love is a decision – a deliberate act of the will.

Love *always* involves a sacrifice on the part of the lover for the benefit of the beloved. Love demands action.

True love, unconditional sacrificial love, is not so much blind, as it *overlooks* the less desirable attributes of the beloved.

Real love requires “total self-donation.” ~ *Saint Pope John Paul II*

### **Catechism Connection**

**604** By giving up his own Son for our sins, God manifests that his plan for us is one of benevolent love, prior to any merit on our part: “In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins.” God “shows his love for us in that while we were yet sinners Christ died for us.”

**605** At the end of the parable of the lost sheep Jesus recalled that God’s love excludes no one: “So it is not the will of your Father who is in heaven that one of these little ones should perish.” He affirms that he came “to give his life as a ransom for man”; this last term is not restrictive, but contrasts the whole of humanity with the unique person of the redeemer who hands himself over to save us. The Church, following the apostles, teaches that Christ died for all men without exception: “There is not, never has been, and never will be, a single human being for whom Christ did not suffer.”

**609** By embracing in his human heart, the Father’s love for men, Jesus “loved them to the end,” for “greater love has no man than this, that a man lay down his life for his friends.” In his suffering and death his humanity became the free and perfect instrument of his divine love which desires the salvation of men. Indeed, out of love for his Father and for men, whom the Father wants to save, Jesus freely accepted his Passion and death: “No one takes [my life] from me, but I lay it down of my own accord.” Hence the sovereign freedom of God’s Son as he went out to his death.

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*