

POWER OF THE SPIRIT – *Episode 2: Spirit of Truth*



Team Member Name: _____ Date: _____

Game Strategy – When the Spirit of truth comes, He will guide you into all truth; ...He will declare to you the things that are to come. (John 16:13)

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. What do you think is the real TRUTH? How do you think we arrive at the real TRUTH? And, where is this TRUTH to be found? (CCC 144)
2. How can discovering the truth help you, with the guidance of the Spirit, to make positive changes in your life? If you had one area of your life that you would like to change, what would that be?
3. Can you recall a time or two when the Holy Spirit revealed some truth(s) about yourself that made you feel rather uncomfortable? Also, what about the time when the truth about yourself gave you peace and joy?
4. On occasions, we do not like to face the truth, so we suppress it deep in our being. Why do you think this is so? What do you think would be a better way of handling this situation?
5. 2 Cor 3:17 says, “Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.” This passage is full of hope. What is your interpretation of this Scripture passage?
6. Where would you direct people who were really searching for the “TRUTH”?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Don't be afraid.
2. Trust the Lord to lead you into the destiny He made you for.
3. Kneel down now and pray "Jesus I want to know you more".

Complete your **Personal Action Item**. 

Scripture References

John 16:13

Ephesians 2:1-10

1 Kings 17:24

2 Corinthians 3:17

Coaching Tips

How do we receive the Spirit of Truth? We have to say yes to the light and truth that we receive and surrender to the truth we have heard.

We live in a culture of distraction. Be still and listen for the still small voice of the Holy Spirit.

The Spirit gives us power over the enemy. He gives us all that we need to do what He asks of us. Trust in Him!

Catechism Connection

144 To obey (from the Latin *ob-audire*, to "hear or listen to") in faith is to submit freely to the word that has been heard, because its truth is guaranteed by God, who is Truth itself. Abraham is the model of such obedience offered us by Sacred Scripture. The Virgin Mary is its most perfect embodiment.

214 God, "He who is," revealed himself to Israel as the one "abounding in steadfast love and faithfulness." These two terms express summarily the riches of the divine name. In all his works God displays not only his kindness, goodness, grace, and steadfast love, but also his trustworthiness, constancy, faithfulness, and truth. "I give thanks to your name for your steadfast love and your faithfulness." He is the Truth, for "God is light and in him there is no darkness"; "God is love," as the apostle John teaches.

215 "The sum of your word is truth; and every one of your righteous ordinances endures forever." "And now, O LORD God, you are God, and your words are true;" this is why God's promises always come true.³² God is Truth itself, whose words cannot deceive. This is why one can abandon oneself in full trust to the truth and faithfulness of his word in all things. The beginning of sin and of man's fall was due to a lie of the tempter who induced doubt of God's word, kindness, and faithfulness.

216 God's truth is his wisdom, which commands the whole created order and governs the world. God, who alone made heaven and earth, can alone impart true knowledge of every created thing in relation to himself.

217 God is also truthful when he reveals himself—the teaching that comes from God is "true instruction." When he sends his Son into the world it will be "to bear witness to the truth": "We know that the Son of God has come and has given us understanding, to know him who is true."

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...